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# Judge: 'It is he who has failed'

► MacRae pleads guilty to second-degree murder in death of wife and popular school teacher Paula Gallant ► Sentenced to life in prison with no parole eligibility for 15 years

A packed courtroom sat in a silence broken only by some muffled sobs as the gruesome details of Paula Gallant's murder were told publicly for the first time yesterday.

Jason MacRae, 37, was to appear at Nova Scotia Supreme Court in Halifax to set a date for trial on a charge of first-degree murder in his wife's death, but instead pleaded guilty to the lesser offence.

"The fact that Mr. MacRae maintained his guise of innocence for almost five years tells this court that he does lack, to some degree, a conscience," Justice Kevin Coady said in rendering the automatic life-time sentence.

The agreed statement of facts read into the court record said police got a break in the case after MacRae confessed in detail how he killed his wife to an undercover RCMP officer posing as a member of a crime syndicate. The two met in 2009.

On the afternoon of Dec. 27, 2005, MacRae and his wife were arguing over several "minor issues" inside their Timberlea home, including a \$700 gambling debt he incurred.

Gallant was later on the computer when MacRae struck her with a two-by-

**"Her name is Paula Anne Gallant, aged 36, and she did not deserve to die by violence."**

LYNN BLACKBURN, PAULA'S SISTER, IN A STATEMENT



► Paula Gallant

four in the back of the head. With both hands he then strangled her and wrapped plastic wrap around her head.

MacRae remembers hearing his daughter crying on the baby monitor as he did it.

After going upstairs to feed her, MacRae left the one-year-old in the high chair as he shoved Gallant's body through a basement window and into the trunk of her Chevrolet Cavalier. He then drove and left the car at the school where she taught Grade 3.

Justice Coady said MacRae was unable to control his anger in the face of normal and usual dialogue.

"It is he who has failed," Coady proclaimed. ● KRISTIE PEARCE

MORE COVERAGE, SEE PAGE 4



► Jason MacRae is escorted from a courtroom at Halifax provincial court in this file photo from last year.

SENTENCING

**'I'm truly sorry': MacRae**

Jason MacRae sat silently as he listened to 10 family members and friends of Paula Gallant struggle through tears as they de-

scribed the pain he had brought them.

"I've never been a violent person," MacRae would later say in a statement to the court.

"I don't know what changed in me that day."

MacRae hung his head throughout most of yesterday's proceedings, avoiding the glares of Gallant's loved ones as they spoke during victim

impact statements on the stand.

As Justice Kevin Coady read him his sentence, MacRae — who for years denied any involvement in his wife's murder — showed no reaction.

"I will regret this for the rest of my life," said MacRae, dressed in a black suit.

"I'm truly sorry."

● KRISTIE PEARCE

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# THE PANTS COLLECTION



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- ▶ HMCS Charlottetown pulled out of Halifax harbour shortly after 10 a.m. yesterday
- ▶ Navy spokesman said ship spent part of yesterday conducting trials around Halifax
- ▶ NATO force, USS Enterprise group and a British ship are already in the Mediterranean



ANDREW VAUGHAN/THE CANADIAN PRESS

## From the vice-admiral's 'fair winds' sendoff

Families huddled together on the deck of the HMCS Charlottetown yesterday morning. Many of them were crying as they listened to Vice-Admiral Dean McFadden's speech over the ship's intercom. Here are some excerpts:

*A navy that cannot go to sea in the morning when ordered, as necessary to the far ends of the earth to hold station, isn't the navy that Canada needs.*

*You've demonstrated over the past couple of days the navy this country not only needs, but it has one that in two-days' notice is ready to deploy.*

*You're reacting to what is a burgeoning humanitarian crisis in Libya, to Canada's needs for awareness and presence in that region, and to the aid, and if necessary, the evacuation of Canadians and others.*

*This warship down range is Canada's commitment to the immediate protection of our citizens.*

*When that call came, you were ready, and the nation knows that... We also recognize the personal price you paid.*

*It's not only to the sailors who will sail on this ship, but it's to the families we've imposed very greatly upon to allow them to sail and to do the business they've trained for months. Many lives are put on hold while this ship deploys for a duration that can be as long as six months.*

*Bravo Zulu. My thanks to you and your families. Fair winds. That is all.*

● JENNIFER TAPLIN

ANDREW VAUGHAN/THE CANADIAN PRESS



▶ Leading Seaman Pierre Gagnon kisses his wife Tamara as he holds their baby Jaelynn yesterday.

back," Quigley said, adding he's excited about the mission.

"I joined the navy to make a difference in the world. With the Middle East and northern Africa going to hell in a handbasket, it's good that Canada is stepping up with our allies and making sure people are safe."

His wife Michelle said they spent a busy weekend preparing for the deployment.

"This is what we signed up for, but I'm nervous because this is our first baby. I'm going to miss him," she said.

It was even shorter notice for Master Seaman Dan Sinnott. The sonar operator wasn't even assigned to the ship until Tuesday.

"It's doing our job. I like going to sea but the only thing I worry about is my family back home," said Sinnott, who has a six-year-old son.

WITH FILES FROM CANADIAN PRESS

**"I think it's important and has to be done. Somebody's got to do something, and I'm very proud of my husband and everybody who's going."**

SANDY SINNOTT, WIFE OF MASTER SEAMAN DAN SINNOTT.

two months or three weeks who knows? We could get halfway across and they might say come

## Ship ready for what is to come

Whatever happens off the coast of Libya, HMCS Charlottetown will be ready.

They will pick up medical supplies on the way and will likely pull along side the North African country instead of docking if they need to evacuate Canadian citizens.

"Well, there is potentially 200 Canadians left, and 200 Canadians can fit on board this ship. I can guarantee it. It may



Gardam, commander of Maritime Forces Atlantic.

The ship's commanding officer, Craig Skjerpén, said it will take at least six days for them to get there. The Charlottetown will meet up with British and American ships already in the Mediterranean.

"It's a very dynamic situation over there, and we'll have to adapt to what happens."

● JENNIFER TAPLIN

ANDREW VAUGHAN/THE CANADIAN PRESS

be crowded, but they'd be happy," said Rear Admiral David

Gardam, commander of Maritime Forces Atlantic.

The ship's commanding officer, Craig Skjerpén, said it will take at least six days for them to get there. The Charlottetown will meet up with British and American ships already in the Mediterranean.

"It's a very dynamic situation over there, and we'll have to adapt to what happens."

● JENNIFER TAPLIN



JENNIFER TAPLIN  
@METRONEWS.CA

Leading Seaman Joseph Quigley held his baby daughter closely yesterday morning, committing everything about her to memory.

"She's six months now and she could be a year when I get back, and that's a huge difference," he said. "I don't know if we've even absorbed it yet."

It was short notice for the 240-plus sailors on board the HMCS Charlottetown. They were put on standby over the weekend, and then yesterday Prime Minister Stephen Harper authorized the ship to sail to Libya.

It's not exactly clear what they'll do when they get there, but their mission may include evacuating Canadian citizens, providing humanitarian aid and enforcing UN sanctions.

"It could be six months,

1  
news



### News on the move

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### On the web at metronews.ca



**The countdown to a spring election may begin when the federal budget comes down on March 22. Video at metronews.ca**

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How a family's fight against stomach trouble turned into a backyard farm.

## Victim impact excerpts read out in court

"If the person responsible was truly sorry and really loved my sister, then he could've ended this on Feb. 8, 2006 when he was arrested. The journey could've lasted only 42 days instead of 1,891 days."

LYNN GALLANT-BLACKBURN, PAULA GALLANT'S OLDEST SISTER

"This is a selfish, cowardly monster

that our tax dollars will have to look after, feed, clothe and rehabilitate."

ALAIN BLACKBURN, GALLANT'S BROTHER-IN-LAW

"Not only have I lost my sister, but my best friend. She was the most kind, loving, thoughtful, humorous, compassionate, loving human being ever to touch so many lives."

LANNA KENNY, GALLANT'S SISTER

"The loss associated with Paula's murder is far too great to capture in words. The lives that were changed are innumerable."

RICHELLE WILLIAMS, CO-WORKER AT BEECHVILLE LAKESIDE TIMBERLEA SCHOOL, WHERE GALLANT TAUGHT

"I was once able to say I hated no one. Jason took that away."

PAUL KENNY, GALLANT'S BROTHER-IN-LAW

"I would do anything to spend one more day with Paula."

VELVET MCGARRIGLE, LONGTIME FRIEND OF GALLANT



► Jason MacRae, centre and Lynn Gallant-Blackburn leave the Sacred Heart Church in Lakeside after Paula Gallant's funeral in 2006.

● KRISTIE PEARCE

## Paula Gallant's family looks for peace after trial

RYAN TAPLIN/METRO



► Paula Gallant's sister Lynn Gallant-Blackburn gives a statement on behalf of the family at the Supreme Court of Nova Scotia yesterday.

► MacRae remained the primary suspect throughout the extensive investigation into Gallant's murder, court heard



KRISTIE PEARCE  
HALIFAX@METRONEWS.CA

### Appeal

► Trial Defence lawyer Mike Taylor said it is unlikely an appeal will happen.

Paula Gallant's family said they hope they will find some peace now that a sentence has been handed down for her murder.

"Through this long journey, there have been times when we were not certain this day would come," Gallant's sister Lynn Blackburn said in a statement given by the family after yesterday's court proceedings. "It is due to the perseverance of many dedicated professionals, as well as the strong support of the community and the media that has led

to prosecution."

The Crown asked that Jason MacRae — the victim's husband and murderer — be given a life sentence with no eligibility for parole for 20 years. Defence lawyer Mike Taylor suggested 12 to 17 years for parole eligibility.

"The 20 years that was being suggested was just in

my opinion too excessive," Taylor told reporters. "It didn't fit."

Crown attorney Denise Smith said the sentencing was disappointing but understood it was within the range of case law.

"The real Jason MacRae was not known by friends and family members," Smith said outside of court. "The fact that he was prepared to join what he thought was a life of crime ... spoke to his character."

Smith would not reveal the nature of criminal activity MacRae was involved in with the undercover officers who wound up getting him to confess.

### JUSTICE

## Police thank public in Gallant case

The public's help played a vital role in the outcome of the investigation into Paula Gallant's murder, the RCMP said yesterday.

"On behalf of all police involved in this investigation, we would like to

thank members of the public and the media for all the support and the assistance in this long and complex investigation," a RCMP media spokesperson said outside of court.

After Gallant's death, her two sisters, Lynn Gallant-Blackburn and Lanna Kenny, started a campaign in hopes of stirring up tips and clues that would lead to the murderer.

They started writing

letters to newspapers, spoke out publicly about violence against women and pushed Nova Scotia's Justice Department to increase the reward for information leading to an arrest.

The RCMP spokesman said he encourages the public to come forth on other unsolved homicides, "so maybe we could have the same conclusion."

● KRISTIE PEARCE

# on the hou\$e

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# Immigration councillor charged

► Over four dozen charges laid against local man

The RCMP laid several charges against an immigration councillor in Halifax yesterday, alleging he fraudulently helped a number of people obtain permanent resident status and Canadian citizenship.

Hassan Al-Awaid, 57, faces a total of 53 charges, four of which were laid last December, following an RCMP investigation that began in 2007.

A spokesman for Citizenship and Immigration Canada said police have handed the department 1,000 files and they continue to pore over them.

"It began when an immigration officer raised some questions about some files," said Jon Stone. "This investigation is far from over."

Stone said 76 individuals granted citizenship are likely to have it revoked, and it's possible there could be more as officials continue to comb

## Hassan Al-Awaid

► Al-Awaid is president of Canadian Commercial Group, a company offering help to immigrants, the CBC reports. The company is located in Bedford inside an office complex at 1160 Bedford Highway.

● METRO

through the paperwork. Stone said those who face having their citizenship revoked will be sent letters informing them. They can ask the Federal Court to intervene and assist their case.

Al-Awaid faces 22 charges of counselling misrepresentation and 22 charges of misrepresentation under the Immigration and Refugee Protection Act.

He also faces nine charges of false representation under the Citizenship Act.

THE CANADIAN PRESS

## Stage. Presence



► American rocker Melissa Etheridge took to the stage at the Halifax Metro Centre last night before about 2,500 fans.

SCOTT BLACKBURN / FOR METRO

## Etheridge rocks Metro Centre

The Grammy Award winning artist is touring across Canada with Halifax the first of several Atlantic Canadian stops.

## Highway workers union praise road paving plan

The union representing highway workers in the province is applauding the government's decision to get back into the road paving business.

Nova Scotia Highway Workers' Union President Gareth Drinnan called the move encouraging.

"Our union has been telling previous governments for years that our members can do quality work at a reasonable cost," said Drinnan, in a release.

The government will buy a mobile asphalt plant for \$6-million, and some chip-seal paving themselves.

The province expects to save nearly \$5-million a year through the in-house operation in areas they say are less than competitive.

In 2008 and 2009, one company – Dexter Construction – did nearly 50 per cent of all paving in the province.

Opposition parties, as well as the Nova Scotia Road Builders' Association, have been critical of the project.

● ALEX BOUTILIER

# Closed-to-public meetings to be examined

A Halifax regional councillor is asking city staff to clarify the rules around closed-to-the-public informal council meetings.

Connaught-Quinpool Coun. Jennifer Watts will table a motion at next Tuesday's council meeting requesting a staff report outlining the rules "concerning meetings between councillors and proponents of projects, community and interest groups and HRM staff."

"Sometimes, we end up having meetings where there will be several councillors present at a meeting (with interest groups)," said Watts. "What constitutes a council meeting outside of council?"

In the municipality's administrative orders, there is no section dedicated to such meetings – although there are regulations for proper council meetings and in camera



► Jennifer Watts

sessions. There is a section devoted to "presenta-

tions," but refers only to presentations made in public sessions.

Watts said there have been "a couple" of situations over the past year where she hasn't been clear on which meetings should be public and which meetings can be private.

"If councillors meet with a group, with either a proponent or a community group, when does that begin to look like a

## The sessions

- Watts pointed to council's "lunch and learn" sessions as an instance of the lines between formal, public council meetings and private pitches blurring.
- "We meet over lunch with a group that's presenting us with an idea. That's not

council meeting that the public may not be aware of?"

an open meeting, but all of council's there. Is that a council meeting?" said Watts.

- She said council had two such sessions with staff from the World Trade and Convention Centre before council announced its support for the project.

"Are (we) being transparent?"

● ALEX BOUTILIER

## Two charged with illegal cigarettes

Two people have been charged with possession and sale of illegal cigarettes.

A 75-year-old woman and a 56-year-old man, both of Halifax, are being charged with the possession and sale of illegal cigarettes. Halifax Regional Police say 10,000 cigarettes were

seized from the residences on Gottingen Street during separate searches last Thursday.

The Nova Scotia Fuel and Tobacco Compliance Unit of Service Nova Scotia and Municipal Relations assisted police in executing the warrants. ● METRO

## Police name Pugwash house fire victim

Police have released the name of a 45-year-old man who died in a house fire on Tuesday in Pugwash.

The RCMP say Archie Lee Trenholm was found dead in the mini home

## Investigation

- Police say the fire has been ruled accidental.

on Pleasure Cove Road.

Officers arrived shortly after 1 p.m. to find his body in the home, which sustained damage to the kitchen and living room.

● THE CANADIAN PRESS

## Three charged after RCMP raid

RCMP seized 80,000 contraband cigarettes after a raiding a home in Indian Brook yesterday.

Three people are now facing charges. A 34-year-old woman has been arrested and charged under the Federal Excise Act and Provincial Revenue Act along with

unsafe storage of firearms after police found two long guns in the residence.

A 27-year-old man and a 26-year-old woman have been arrested and being charged with obstructing police officers, resisting arrest as well as uttering threats. ● METRO



## VOTE DEFERS PAYOUTS

**Docs help province cut costs**

Doctors have voted 82 per cent in favour of amending their contract with the province.

The move will limit their fee increases to one per cent in each of the next two years.

Doctors Nova Scotia, the association that represents the province's 2,500 physicians, had tentatively agreed in January to defer a pair of four per cent increases.

The final voting

results were released yesterday.

The amendment means the province will put off for two years paying doctors an estimated \$45 million in fees.

Dr. Jane Brooks, president of Doctors Nova Scotia, said the group knew the government was set to impose cost-cutting measures.

"We are willing to do our part to help reduce health-care spending and improve the financial state of the province," Brooks said.

Health Minister Maureen MacDonald confirmed the amendment will help the province deal with budget constraints.

THE CANADIAN PRESS

# A treat for tastebuds



► Craig Flinn, owner and head chef of Chives Canadian Bistro, presents festival patrons with a pulled pork dish last night.

## Month-long food and wine festival wraps up to plaudits



SHELBY MCDONALD  
HALIFAX@METRONews.CA

The chair of the Savour Food and Wine Festival couldn't be happier about the show this year.

The eighth annual food and drink showcase wrapped up last night with a full house at the Westin Hotel in Halifax.

"This year has been absolutely phenomenal," Joe McGuinness said about the showcase of cuisines from Nova Scotia's finest restaurants.

**"The locals who are here have cabin fever, they've been cooped up. People are looking ... to get out to unique experiences."**

CHAIR JOE MCGUINNESS

McGuinness said the month-long event is a great way for people to get out and experience fine dining — and have fun doing it.

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<sup>2</sup>Example is based on a \$250,000 mortgage at 6.00% APR on a 5-year fixed rate term. ®Registered trade-marks of Bank of Montreal.

# Tories hope budget averts spring vote

► Conservatives responsible for biggest deficit in history ► Tories look to NDP for support ► Flaherty says budget may offer tax relief for seniors

The Conservative government says it's considering measures to help seniors and older workers in the March 22 federal budget, a move that could win NDP support and avert a spring election.

Finance Minister Jim Flaherty also announced that there will be no big new spending and no tax hikes in the budget.

The Tories need the support of at least one opposition party to pass the budget and the Liberals and Bloc Quebecois have all but declared they will not support it.

That leaves the government's fate in the hands of the NDP — the party that made tax relief for seniors one of its main requests.

Flaherty said the gov-

ernment does not want an election but will only go so far to avoid one, adding that he feels no pressure to give in to opposition demands.

"I know what we are able to do and what we are not able to do ... in order to deliver a budget that will take us to balance in the medium," he said in announcing the budget date.

But he added that there will be some items that will "engender consideration" among the opposition parties.

The NDP wants the government to increase benefits to seniors under the Guaranteed Income Supplement, and Flaherty suggested he's ready to meet that demand.

"If you actually look at

people who need help in Canada, there are a group of older people in Canada who are not entitled to Canada Pension Plan benefits who could use some support from government. That's something we are looking at," he said.

He also said he's considering extending support for older workers and those in work-sharing programs.

Asked about Flaherty's statements, NDP Leader Jack Layton repeated his list of priority areas and said an election is in the hands of the prime minister.

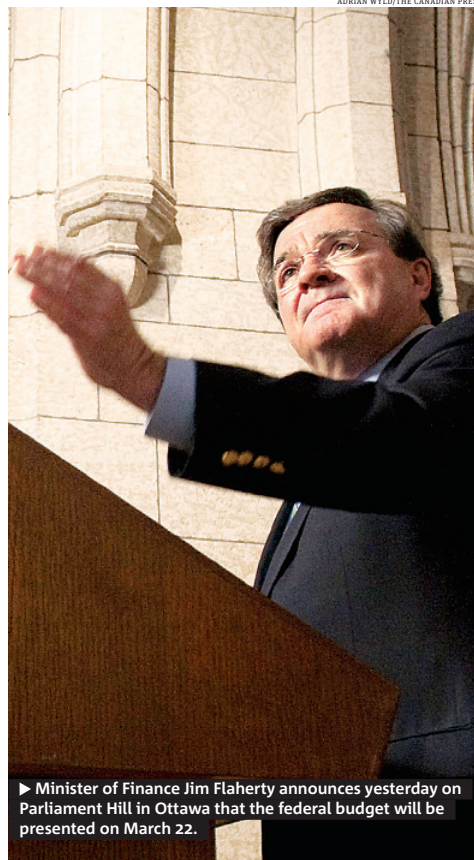
"We don't need something to reflect on, we need to see action for Canadians, for seniors who are facing a retirement-se-

curity crisis in this country, for five million families that are waiting for family doctors, for people who can't afford to pay the bills."

Layton also said he wants the government to lift the federal tax off home heating and bring back the eco-retrofit program for home renovations.

The Conservatives have run up the biggest deficit in the history of the country, driven largely by billions of dollars in stimulus funding to help the economic recovery. On Tuesday, Ottawa released estimates showing it will cut spending by about \$10 billion next year as it ends stimulus funding.

THE CANADIAN PRESS



► Minister of Finance Jim Flaherty announces yesterday on Parliament Hill in Ottawa that the federal budget will be presented on March 22.

## Watching your weight: Health concerns cross borders

One in four Canadian adults is clinically obese, compared with one in three in the United States, suggests a new study. Experts describe the study as a grim depiction of the state of public health on both sides of the border.

The study — a collaboration between Statistics Canada and the U.S. Centers for Disease Control and Prevention, conducted between 2007 and 2009 — concluded that 24 per cent of Canadians were obese,

compared with nearly 34 per cent of Americans.

It's believed to be the first time researchers have compared obesity rates in both Canada and the U.S.

Obesity rates in the U.S. have been consistently higher than those in Canada during that period, but some of the study's findings suggest Canadians are following in the footsteps of their southern neighbours.

The fact that Canada fared better than the U.S.

doesn't mean Canadians are off the hook, said Cynthia Ogden, co-author of the most recent study and an epidemiologist with the U.S. National Center for Health Statistics.

"Although the U.S. is leading the way, many other countries, including Canada, are experiencing rises in obesity levels," Ogden said.

"In both countries, there's work to be done."

Obesity rates have been climbing steadily on both

sides of the border since the late 1980s, although the pace of the increase hasn't been thoroughly documented in Canada, she said.

The findings echo those of a global study released last September by the Organization for Economic Co-Operation and Development, which said one-quarter of Canadians could be classified as obese. Two-thirds of Canadian men were overweight.

Governments and researchers would be better off trying to reduce obesity rates than evaluating the minor differences between them, said Bill Jeffery, national co-ordinator at the Centre for Science in the Public Interest.

"Like our American counterparts, we need public policies to help prevent overweight and reverse the conversion of overweight to obese," Jeffery said.

THE CANADIAN PRESS

### Weighing sides

► **Men Among Canadian men,** 24.3 per cent met the definition of obesity, compared with 32.6 per cent of those in the U.S.

► **Men vs. women** For men in both countries, the increase was highest among those aged 60 to 74, while in women, obesity increased the most among those aged 20 to 39.

## Christian official killed in Pakistan

Militants gunned down the only Christian in Pakistan's government outside his widowed mother's home yesterday.

This was the second assassination in two months of a high-profile opponent of laws that impose the death penalty for insulting Islam.

Shahbaz Bhatti was aware of the danger he faced, saying in a videotaped message that he had received death threats from al-Qaida and the Taliban.

In it, the 42-year-old Roman Catholic said he was "ready to die" for the country's often persecuted Christian and other non-Muslim minorities.

The slaying in Islamabad followed the killing of Salman Taseer, a liberal politician who was gunned down in the capital by one of his guards.

Both men had campaigned to change blasphemy laws that impose the death penalty for insulting Islam.

THE ASSOCIATED PRESS

## Pope clears Jews of Jesus's death in book

Pope Benedict XVI has made a sweeping exoneration of the Jewish people for the death of Jesus Christ, tackling one of the most controversial issues in Christianity in a new book.

In *Jesus of Nazareth*, Part I excerpts released yesterday, Benedict explains biblically and theologically why there is no basis in Scripture for the argument that the Jewish people as a whole were responsible for Jesus's death.

THE ASSOCIATED PRESS



► Muhammad Yunus, a Bangladeshi economist who founded Grameen Bank and won a Nobel Peace Prize.

## Nobel laureate forced out of job

Bangladesh's government ordered Nobel laureate Muhammad Yunus from his post as head of his microfinance bank yesterday — a humiliating blow for an activist whose revolutionary idea of giving out small loans lifted many out of poverty.

But the Grameen Bank said he remained in charge and that it would fight the decision.

Bangladesh's central bank ordered him out, arguing that he violated the country's retirement laws.

Grameen Bank has been notified by letter, said A.F.M. Asaduzzaman, an official at Bangladesh Bank. He provided no further details.

The demand for Yunus's removal as Grameen's managing director capped a string of problems facing the outspoken government critic, including an apparently politically motivated defamation trial and accusations of an unauthorized bank transfer 15 years ago.

THE ASSOCIATED PRESS



## News in brief



## Gadhafi foes fight off attack

**BREGA.** Opponents of Moammar Gadhafi repelled an attack by the Libyan leader's forces trying to retake a key coastal oil installation yesterday. The assault was the first major regime counteroffensive against the opposition-held eastern half of Libya. **THE ASSOCIATED PRESS**

## Venezuela calls for talks

**CARACAS.** Venezuela's top diplomat called yesterday for the creation of a bloc

of friendly countries to help resolve the conflict in Libya, saying diplomacy should be used to end the violence sweeping the North African nation.

Foreign Minister Nicolas Maduro criticized U.S. and European Union officials for adopting policies aimed at isolating Gadhafi and raising the possibility of providing military support to Libyans rebelling against the embattled leader.

**THE ASSOCIATED PRESS**

## Scholarships in peril?

**REGINA.** The president of the University of Regina fears hundreds of Libyan university students in Canada could soon run out of money if federal sanctions against their strife-torn country freeze their scholarships.

The sanctions are being imposed by Ottawa to help push Libyan leader Moammar Gadhafi from power.

Vianne Timmons says there are currently 520 Libyan students in Canada. **THE CANADIAN PRESS**

# Exodus from Libya could spark crisis

► UN calls for action to help thousands of people who are fleeing civil war ► Chaos at border crossings

Over 180,000 hungry, anxious people have fled across the border to escape Libya's burgeoning civil war, a U.N. official said yesterday as European nations and Egypt launched emergency airlifts and sent ships to handle the chaotic exodus.

U.N. refugee agency spokeswoman Melissa Fleming told The Associated Press that 77,320 people have crossed from Libya into Egypt, the vast majority of them Egyptians, and a similar number have crossed from Libya into Tunisia — with about 30,000 more waiting at that border.

She said Libyan strongman Moammar Gadhafi's forces appear to be targeting Egyptians and



► Egyptian refugees wait for food after crossing the Libya-Tunisia border in Ras Ajdir, Tunisia yesterday.

Tunisians, apparently because he believes they are the main trigger of the uprising against his regime.

As border crossings were overwhelmed with mostly young men, UN experts warned that fast action was needed to protect

and feed them before the exodus turned into a humanitarian crisis. Human Rights Watch warned that fleeing African workers were "particularly under threat due to popular anger" over Gadhafi's mercenaries. **THE ASSOCIATED PRESS**

## Getting out

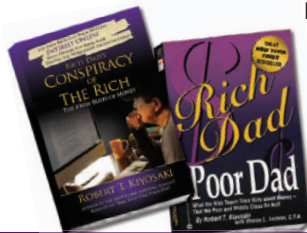
Thousands of people are fleeing troubled Libya.

- Among those stranded at the Tunisian border were Bangladeshi, Vietnamese, Filipinos and Ghanaians, and 2,400 more Africans at Tumo on the Libyan side of the border with Niger.
- A group of about 1,150 Nigerians left after getting help from UN agencies in Dirkou, Niger, but another 4,000 people, mostly Nigerians, were stranded around the Libyan coastal city of Misrata.
- Britain began an airlift yesterday to help Egyptians stranded on the Libyan-Tunisian border to get back home. The British planes will help evacuate up to 8,800 Egyptian migrants to Cairo.

## DISCOVER WHAT I KNOW AND STOP WORRYING ABOUT MONEY!

I believe what is happening to the global economy right now is NOT a "normal" cycle of recession,

but a radical change that could wipe out the Middle Class and leave us with a society of only rich and poor.



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Robert Kiyosaki will not attend this event.

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**Retire your ride before time runs out.**

Retire Your Ride rewards Canadians for recycling their older polluting vehicles — but the program ends March 31st. Don't miss your chance to get cash, transit passes or more. If your vehicle's model year is 1995 or older, visit [RetireYourRide.ca](http://RetireYourRide.ca) or call 1-877-PRE-1996 today.

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# Fashion icon faces fine, time

► Galliano's drunken comments praise Hitler ► Designer seeks help

After five days of scandal, Paris prosecutors ordered famed fashion designer John Galliano to stand trial in the coming months over alleged racial insults.

The trial could take place between April and June, and Galliano could face up to six months in

prison and more than \$30,000 in fines if convicted, the prosecutors' office said in a statement.

Video of an inebriated Galliano praising Hitler and the subsequent firing of one of the industry's most talented designers have sent shock waves

through Paris Fashion Week, which began Tuesday.

Galliano broke his silence on the issue yesterday.

"Anti-Semitism and racism have no part in our society. I unreservedly apologize for my behav-

iour in causing any offence," he said in a statement.

The prosecutors said he will face allegations of "public insults based on the origin, religious affiliation, race or ethnicity" against three people.

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THE ASSOCIATED PRESS FILE



► John Galliano

## Shanghai law aims to curb dog population

**140K** Police said there were 140,000 reports last year of people being attacked by unlicensed dogs.

Much as China has a one-child policy to control the population, Shanghai has passed a law to introduce a one-dog policy in order to regulate the number of pet dogs. The new law will come into force on May 15.

Under the new rules, residents in downtown areas and newly built suburbs of Shanghai are permitted to have only one dog per household. Those

currently owning two or more licensed dogs will be allowed to keep them.

Anyone who breaks the dog law will face a fine of \$30 to \$152, or have the dog taken away.

According to a report by China's People's Daily, by the end of 2010 Shanghai had more than 140,000 licensed pet dogs, with an estimated 600,000 unlicensed ones.

● METRO WORLD NEWS

## Mystery of how loyal dog died is solved

Scientists have settled a decades-old mystery by naming a cause of death for Japan's most famous dog, Hachiko.

They say Hachiko died of cancer and worms, not because he swallowed a chicken skewer that ruptured his stomach — as legend had it.

For years, Hachiko used to wait at Shibuya train station for his master, a professor at the University

of Tokyo. Even after the professor died, the dog went to the station to wait for his master every afternoon for a decade until he finally died.

Tokyo residents were so moved that they built a statue of Hachiko at the station, which remains a popular rendezvous spot for Japanese today. He was also the hero of Japanese children's books.

Hachiko was considered such a model of devotion that his organs were preserved when he died in 1935.

Rumour had it that Hachiko died after wolfing down a skewer of grilled chicken.

THE ASSOCIATED PRESS



# FINDING FAMILY AFTER FLYING THE COOP

He says ...

**JOHN MAZEROLLE**



I've often said my parents have given me the strength and confidence to disappoint them at every turn.

My mother and father — by bringing me to church and being true to their home city — gave me the stability I needed to reject God and get the hell out of town. That might sound inharmonious, but it actually helped me learn tolerance toward people who are different. I never had to learn to embrace people of different cultures — they were making my breakfast in the kitchen and calling me “dear.”

And I loved them long before I

realized I had the option not to.

My siblings took a similar route. My parents used the classic template — hardworking dad, stay-at-home mom — and produced a writer in Toronto, a painter in Halifax, and a permanent student in Edmonton. Sometimes it seems like the only thing the two generations have in common is the debt load.

It's a diverse brood, for sure. There's my brother Andrew, who is possibly the most effortlessly nice person on the planet. He makes Elmo look like Dick Cheney.

There's my sister Erica, the most book-smart of the four in my estimation, though she's

probably the least world-smart since she's decided to live in Edmonton.

And there's me: divorcé and atheist extraordinaire.

**“The cost of a successful family in a country this large is the price of a divorce in others ...”**

The exception that proves the rule is my brother Jeff, who has made up for his three childless, nomadic siblings by being an electrician who stayed in the same town and who has

alone (though I understand his wife helped) given my parents five grandchildren.

Every time the other siblings see him we all breathe a big, “thank you” under our breath for taking the pressure off.

I've been thinking about family a lot lately because it's

become clear to me that I might never see them again.

Before you start checking my apartment for bad poetry, what I mean is the chances of me and my other family members seeing each other at the same time, as a unit, seems slim to nil.

The cost of a successful family in a country this large is the price of a divorce in others — you part ways and promise you'll see each other if you're ever back this way.

I have to make a reunion happen. They'll want to go to church or something, but I'm going to convince them to come to an atheists' meeting.

Mom says I can do anything I set my mind to.

Read more of John Mazerolle's columns at [metronews.ca/hesays](http://metronews.ca/hesays)

Cartoon



## In Conservative coffers

**Letters and Tweets**

Prime Minister Stephen Harper says he respects the way Elections Canada interprets campaign financing law, but says his Conservative party had a difference of opinion during the 2006 election campaign.

Harper is fending off charges laid against four of his top party officials over the so-called in-and-out financing scheme that Elections Canada alleges allowed the Conservatives to exceed their 2006 campaign spending limit by more than \$1 million.

The Federal Court of Appeal this week overturned an earlier civil suit victory by the Conservatives,

prompting a raucous afternoon in the House of Commons.

THE CANADIAN PRESS

Elections Canada alleges that 67 Conservative candidates, including three current cabinet ministers, submitted false statements to Elections Canada.

Now, four party offi-

cial have been charged for falsifying returns.

The appropriate legal remedy for violating the Elections Act is that they be barred from parliament.

Those candidates who are themselves also members of the legal profession should be disbarred.

EUGENE PARKS  
VICTORIA, B.C.

**Do you really care about the royal wedding?**

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**2006 election expenses**



PAUL CHIASSON/THE CANADIAN PRESS

## Metro Minute with Dragons' Den

Do you think you have the next big business venture?

Well, you'll want to be at the Cambridge Suites Hotel on Saturday as open auditions will be held for CBC TV's hit show Dragons' Den. The auditions begin at 10 a.m. and run until 5 p.m.

The show gives aspiring entrepreneurs the opportunity to pitch their businesses to a panel of wealthy

Canadian moguls — the Dragons — with some getting the chance to earn actual cash from their pockets.

For the first time, the Dragons are also looking for unique business ideas or websites from teenagers.

Visit [cbc.ca/dragons-den/audition](http://cbc.ca/dragons-den/audition) for complete details on Saturday's audition. ● METRO



► Dragons' Den is a hit CBC series.

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# Jobs returns for iPad 2

► 'I just didn't want to miss today'  
► Newly launched device is thinner, faster, sleeker, more connected

Apple CEO Steve Jobs emerged briefly from medical leave and walked on stage to a standing ovation yesterday to unveil the second-generation iPad.

Jobs, 56, looked frail as he appeared at the Yerba Buena Center for the Arts Theater in San Francisco, Calif., in his signature black mock turtleneck, jeans and wire-rimmed glasses.

"We've been working on this product for a while, and I just didn't want to miss today," Jobs said. "Thank you for having me."

The iPad 2 tablet computer has a faster processor than the original's. It comes with two cameras for taking photos and video chatting. The battery life is the same, about 10 hours of use and a month on standby. It's also thinner: 8.8 millimetres as op-

posed to the original's 13.4 millimetres.

"The new iPad 2 is actually thinner than your iPhone 4," Jobs said.

He also introduced a new accessory for the iPad that lets people connect the tablet to a high-definition TV. Updated software turns iPhones and iPads with 3G cellular connections into personal Wi-Fi hotspots, so you can share the connection with computers or other devices.

The iPad 2 goes on sale in Canada on March 25. Pricing is not yet available.

Jobs announced in January that he would take a third leave of absence to focus on his health. In the past decade, he has survived a rare but curable form of pancreatic cancer and undergone a liver transplant.

THE ASSOCIATED PRESS



► To wild applause, Steve Jobs emerged from medical leave to unveil Apple's iPad 2, left, at the Yerba Buena Center for the Arts Theater in San Francisco, Calif., yesterday. The first iPad, right, burst onto the scene last April and sold 15-million units in nine months.

## Bombardier lands deal with NetJets

Bombardier has scored a key deal with NetJets Inc., a company owned by Warren

Buffet's Berkshire Hathaway, for up to 120 business jets that could make the sale worth as much as \$6.7 billion US.

The deal gives the Montreal-based company an important foothold with the world's largest business aircraft operator, which until now has used mostly aircraft built by Bombardier rivals including Gulfstream, Cessna and Dassault Falcon.

Pierre Beaudoin, Bom-

bardier's president and chief executive, called the announcement "exciting news. It helps us think of growth again in corporate airplanes."

During the financial year ended Jan. 31, Bombardier delivered 143 business jets, 97 commercial planes and four amphibious aircraft. That compared with 176 business, 121 commercial and five amphibious planes a year earlier.

THE CANADIAN PRESS

### Jet set

► Pierre Beaudoin says the deal will not mean any more jobs in Toronto, where the aircraft are assembled, or in Montreal, where the cockpits are built and the aircraft finished.

► NetJets' firm order involves 30 Global 5000 Vision and Global Express XRS Vision aircraft, with deliveries scheduled to be-

gin in 2012.

► It also includes 20 firm orders for Bombardier's Global 7000 and Global 8000 jets, which are in development. The long-range aircraft, which will be able to fly from Washington to Beijing, will start being delivered in 2017.

► Bombardier shares closed up 46 cents, or about 7.5 per cent, at \$6.60 yesterday on the Toronto Stock Exchange.

### Market moment

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2  
sceneA long voyage  
across Canada

- Ben Caplan and the Casual Smokers have some lessons from the road
- Halifax band promoted their new album by touring all over the country



► Ben Caplan and the Casual Smokers' next Halifax show set for March 15 at The Company House.

BACKSTAGE  
PASS

JENNA CONTER  
HALIFAX@METRONEWS.CA



Willie Nelson sang about it and Jack Kerouac used it as a platform to write the great American novel.

It's true there are many lessons one can learn while on the road.

"Canada is bloody huge," was the lesson Ben

Caplan took away from his first cross-country tour.

Originally from Hamilton, Ont., Caplan started Ben Caplan and the Casual Smokers while attending the University of King's College in Halifax, and it's been grabbing local attention for over three years. With a new album in the works, *Nine Kinds of Trouble*, planned to drop this summer, Caplan took a step away from the typical music industry formula.

"Traditionally a musician will put out an album then tour," Caplan, a Halifax resident, told me over

coffee. "I wanted to stir up some self-promotion before the album goes out."

And so begins the Ben Caplan guide for a successful first-tour across Canada. First step: Shameless preparatory promotional campaigning.

"I credit our success to organization," Caplan said. "I sent out press releases weeks in advanced and had the posters up early."

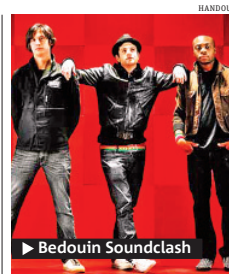
Second: Be realistic. Your ego can't fill a venue. "We were careful to book with bands that had a bit of a draw for them-

selves," he said. "So we played to really great crowds."

Lastly: Be creative.

Caplan took advantage of the "On-Board Musician" program offered by Via Rail, a program that helps Canadian talent keep their focus on the music and not the cost of a train ticket. It's a very competitive program, one that Caplan applied for ahead of time.

Siphoning through his memory Rolodex from his coast-to-coast adventures, Caplan fondly remembers the kindness of strangers.

Don't miss  
out on the  
Bedouin  
Soundclash

The Juno award-winning Toronto-born trio are bringing their unique urban sound, mixed with some classic reggae kickers, to Halifax.

Call for your tickets now so you don't miss your chance to hear some music from their latest album, *Light the Horizon*, along with some of their earlier hits.

**What:** Bedouin Soundclash

**Where:** Paragon Theatre

**When:** Tonight. Doors open at 9 p.m.

**Tickets:** Between \$24 and \$30.

● JENNA CONTER

Something  
Good's CD  
drops on  
Saturday

Hip-Hop group Something Good celebrates the release of their sophomore album. Come out to celebrate with special performances by The Caravan and Quake.

Plus breakers from Lok-down Crew and Concrete Roots and tunes provided by DJ Y-Rush.

**What:** Something Good CD release party

**Where:** The Seahorse Tavern

**When:** Saturday, 10 p.m.

**Tickets:** \$8 before midnight, \$10 after

● JENNA CONTER

## Witchcraft puts book on top

A Discovery of Witches reached the hardcover best-seller list before it even hit bookstores. How? Well, it wasn't witchcraft. Author and history professor Deborah Harkness explains how the buzz to be able to nail that achievement was developed (hint: nerds help).

**How did the huge buzz around your book start?**

I think it started with an appearance I made at Comic Con in October, where they handed out some advance copies and buttons. And closer to the publication date, we got some advance praise on the Internet and in print media.

**Are you a reader of fantasy?**

Well, as a historian, I read mostly nonfiction. Since I have limited hours, I have to keep abreast of history books.

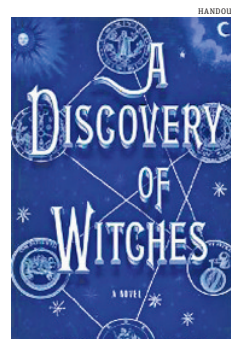
**In A Discovery of Witches, they're academics. How do you make it seem sexy?**

Academia can be really dry and stuffy but it's not

always the case. Libraries are magical; it's a place where infinite possibilities can happen. I just took that idea to the last degree.

Reading and knowing things is sexy — I'm gratified knowing that my readers think nerds are sexy.

● DOROTHY ROBINSON



Probe of illnesses finds bacteria at Playboy Mansion; other causes not ruled out. Scan for story.



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The Best New Products Awards is an annual program focused on three categories of everyday consumer packaged products: Food, Health and

Beauty, and Household. Winners in each category are determined by the votes of real Canadian consumers—men and women of various ages and backgrounds, drawn from across the country. They score each product based on its general appeal and their willingness to buy it again, just like you would.

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If you wish more products were like that, The Best New Product Awards can help there, too. In addition to voting for products, surveyed consumers answer many questions regarding their media habits, purchasing behaviours, interests, attitudes, and more. The results help marketers better understand consumers' wants and needs, and helps participating companies introduce products that better meet them. Not a bad deal—for the marketers, the manufacturers, and for consumers like you.

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**CANADIANS  
CONTINUE  
TO LOOK  
TO SAVE  
MONEY AND  
SPEND LESS**

What do consumers want? Why do they want it? What will they buy to get it? These questions keep Canadian marketers up at night, but the Best New Product Awards makes their jobs a lot easier.

The Best New Product Awards honour the top consumer products introduced in the last year, with winners in all three categories determined by the votes of Canadian consumers. The Awards program also asks participants to answer questions about their media habits, purchasing behaviours, interests, and attitudes. For marketers, it's a chance to learn what consumers value most. Here are some of the trends they've uncovered:

A slight majority of Canadians surveyed felt the country was still in recession. "Canadians continue to look to save money," says Robert Levy, President & CEO, Best New Product Awards. "Even so, 72 per

cent still like trying new products. Finding new ones that deliver is more important than ever."

This was most evident in the Food & Beverage category, where consumers try to bolster their savings and their health at the same time. Some 30 per cent planned to spend less on groceries in the next 12 months, with more than three in four paying more attention to food labels and trying to eat healthier snacks. A majority believed it important that a new food or beverage product be made from all-natural ingredients (though they aren't purchasing them in greater numbers), and a large percentage seemed focused on home-cooking—68 per cent agreed they enjoyed

cooking for themselves and their families.

"Claims of 'low sodium,' 'zero trans fat,' 'all-natural,' and 'preservative-free' continue to resonate," says Levy. "Interestingly, consumers consider organics somewhat more important within



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# CT AWARD WINNERS

## NEW PRIORITIES

the Health & Beauty and Household categories than within Food & Beverage. This reflects a concern with the chemicals these products might contain."

Concern for environmental issues remains high. Some 84 per cent of consumers were

willing to buy reusable bags to reduce the amount of plastic in the environment, though this number is down three per cent from 2010. Another large majority, 83 per cent, felt companies were exploiting environmentally friendly claims for marketing purposes, while 87 per cent still believed manufacturers had a long way to go to reduce their amounts of packaging.

With these concerns in mind, here are the top "purchase drivers" in the three categories, as voted upon by Canadians like you:

### ✓ FOOD & BEVERAGE

When considering a food purchase, consumers were most often convinced by the

product they believed tasted best. Freshness came next. Price was third; healthiness, fourth.

### ✓ HEALTH & BEAUTY

Price was the top deciding factor for those considering a health or beauty product purchase, followed by simplicity of use, and proven effectiveness. These factors mattered more than a trusted brand (fourth) or 'gentleness' (fifth).

### ✓ HOUSEHOLD

Consumers were most likely to buy a household product if they believed it was 'effective.' 'Cleans thoroughly' was the second-strongest purchase driver, followed by 'delivers as promised'; then 'is well priced'; and finally, 'works the first time.'

For a complete list of The Best New Product Awards winning products, visit [www.bestnewproductawards.biz](http://www.bestnewproductawards.biz)



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METRO CUSTOM PUBLISHING

STICK WITH  
THE BRAND  
NAMES  
WE KNOW  
BEST

## GO WITH WHAT YOU KNOW

The world seems to be changing faster than ever. Maybe it's no surprise then that we're sticking with the brand names we know best. Those trusted names are responsible for some of today's top-selling new consumer products.

This was just one of the interesting findings from this year's Best New Product Awards, an annual program focused on everyday items Canadian consumers buy. Consumers not only vote for winning products, they also answer many questions regarding their media habits, purchasing behaviours, interests, and attitudes—giving us insight into current purchasing trends. One of those trends is trust.

"Brand trust depends on

consistent satisfactory performance of a brand's products, but the brands ranked as 'most trusted' also benefit from family tradition," says Robert Levy, President & CEO, Best New Product Awards. "Consumer responses revealed the huge influence of mothers in establishing their children's brand preferences."

The top five trusted brands in the Food category would be familiar to any child: Kraft, President's Choice, Campbell's, Kellogg's, and Heinz. The Household category is much the same, led by Mr. Clean, Lysol, Hertel, Vim, and Tide.

Respondents were cagier when it came to the most trusted Health & Beauty brands—names like Tylenol,

Jamieson, and Life Brand for health products; Olay, Dove, and Cover Girl for beauty products. Only four in 10 believed private label beauty products were as good as brand name, as opposed to the almost six in 10 who believed this for food, household and over-the-counter health care products.

With the endorsement of thousands of voting shoppers, trust won't be a problem for The Best New Product Awards top winners. They are: Europe's Best Antioxidant Fruit Blend (Best in Show; Best in Food & Beverage category); Trojan Fire & Ice Condoms (Best in Health & Beauty Category); and Arm & Hammer Double Duty Cat Litter (Best in Household Care Category).



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## Ryan Gosling having a Wilde time?

Olivia Wilde and Ryan Gosling have been spotted out and about together, prompting speculation that the two actors are dating, according to Us Weekly.

The pair was reportedly spotted walking hand-in-hand and smiling at an aquarium in Cincinnati, though a fan-recorded video of the sighting was later removed from YouTube.

Wilde recently separated from her Italian prince husband, Tao Ruspoli. "She wanted to get divorced for the typical Hollywood reasons," a source says. "Her career exploded, and she saw being married as not much fun." ● METRO

# Katie sues over drug use story

- ▶ Magazine says it stands behind story
- ▶ Holmes calls it 'beyond the pale'

Katie Holmes has filed a libel suit against Star magazine for publishing a cover story insinuating she is a drug addict, according to Popeater.

"Of all the fabricated stories that continue to be published about me, this instance is beyond the pale," Holmes says in a statement.

"The publisher knew this outrageous story was false and printed it anyway to sell magazines."

For its part, the magazine is sticking to its story. "We have not been served with any papers yet, however Star fully stands behind the editorial integrity of what we have published," a rep for the magazine says. ● METRO



▶ Katie Holmes

## Aguilera needs rehab: Friends

After her arrest for public intoxication, Christina Aguilera's friends are reportedly begging the singer to go into rehab, according to TMZ.

"Maybe when she was married she was able to keep it under wraps, but it's out in the open now," a source says of Aguilera's drinking, adding that before her arrest, the singer has blown off any requests for her to seek treatment.

As for her arrest, Aguilera doesn't have much more legal trouble to worry about. "We have no desire to prosecute," a law enforcement spokesman tells People magazine.

"When she was able to navigate and to think on her own and make her own way, she was released." ● METRO



▶ Christina Aguilera

## Not so broken up

Though they reportedly split up last month, Amanda Seyfried and Ryan Phillippe are still very much dating, according to People magazine. "They're figuring it out," a source says of the on-again, off-again couple. "When it's good, they're really good together."

The couple was spotted together at a number of parties during Oscar week, including one at the SoHo House, where they stayed on the patio most of the time before leaving together. "Amanda seemed a bit uneasy but they were very much a couple," a guest says. ● METRO

## Richards' daughter arrested in N.Y.

New York City police say Keith Richards' daughter has been arrested after she was allegedly seen painting graffiti on the side of a building in Manhattan.

Authorities say 25-year-old Theodora Richards was arrested on graffiti and drug charges after officers

noticed her painting the letters "T-N-A" on the side of a building in the swank SoHo section of Manhattan on Tuesday evening.

Richards is one of the Rolling Stone rocker's four children.

THE ASSOCIATED PRESS

## Hair-raising price for Bieber locks

Justin Bieber's legions of fans can no longer say the teen sensation's famous hair is priceless.

A lock of Bieber's hair that was salvaged from his recent haircut sold for US\$40,668 on Wednesday, with the winning bid coming from the online casino GoldenPalace.com.

The hair was enclosed in a Plexiglas box signed by the Stratford, Ont., singer.

The auction was inspired after talk show host Ellen DeGeneres tweeted that she wanted a lock of Bieber's hair for her birthday, and the two-time Grammy nomi-

nee then appeared on her show to deliver the gift.

Proceeds from the auction will go to the Gentle Barn Foundation, a non-profit organization that provides a safe haven for abused children and farm animals.

GoldenPalace.com has

won similarly high-profile auctions in the past, including the purchase of Montreal-raised TV star William Shatner's kidney stone.

THE CANADIAN PRESS



▶ Justin Bieber

### Celebrity tweets



**Charlie Sheen**  
[@charlie sheen] Just got invited to do the Nancy Grace show... I'd rather go on a long road trip with Chuck Lorre in a '75 Pacer...



**Lance Armstrong**  
[@lancearmstrong] Just got to Portland. What's up w/ this weather?



**Lindsay Lohan**  
[@Lindsay Lohan] Great creative meeting today... but why is it so cold in LA? lol



**Steve Martin**  
[@SteveMartinToGo] Doing a sit-up in preparation for my Catwoman role. ● METRO

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3  
lifeJay Manuel to  
debut collection

Canadian Jay Manuel is putting his own stamp on fashion by heading up a new collection for Sears Canada. The America's New Top Model personality and Canada's Next Top Model host has signed on as creative director of Attitude Jay Manuel, the retailer's private label collection. Manuel will be involved in all aspects of the collection including product development and design.

THE CANADIAN PRESS



'La scandale Galliano' casts pall over start of Paris Fashion Week. Scan or visit metronews.ca for story.

- ▶ The world's fashion elite touched down in Milan this past week for MFW 11/12
- ▶ Here are five stand-out shows that reminded us that la vita (e la moda) è bella!

# Milan runway roundup

KENYA  
HUNT  
METRO WORLD NEWS

TULLIO M. PUGLIA/GETTY IMAGES



## ALBERTA FERRETTI

Gone were the wispy, romantic Talitha Getty-inspired dresses from last season. Alberta Ferretti took her collection to a more structured, 60s inspired place for fall with tent-shaped dresses and coats in jewel tones (an emerging trend for Milan?) and tailored trouser and A-line top pairings. The show was also high on shine factor (metallic coats, shimmery sequined dresses and crystal embroidered frocks), which has proven to be a major trend for autumn/winter 2011. Her floaty chiffon evening gowns that closed the show were exquisite and seasonless.

VITTORIO ZUNINO CELOTTO/GETTY IMAGES



## D&G

The slightly bohemian collection was softer and quieter than the gold glamazons they created last season, but it was similar in that layering played a big part. Models paraded in front of a front row that included Kanye West and Sofia Coppola in long wool, cinched waist swing coats worn over slightly longer, floaty dresses. When it was all said and done, the collection left no question of the sisters' maturing craftsmanship.

TULLIO M. PUGLIA/GETTY IMAGES



## GUCCI

Frida Giannini kicked Milan Fashion Week off with 70s silhouettes (wide-leg trousers, knee-length coats with massive fur collars and floaty maxi dresses) that dominated her collection last season. This time, she worked with a colour palette of jewel tones such as emerald green, ruby and amethyst. Her brazenly glamorous daywear and red carpet perfect evening wear seemed to fall right in line with the trend for luxury that started in the New York shows. Then again, this is a look that the Milanese have always owned.



## FENDI

If trapeze and tent shapes are a major outerwear message for autumn in Milan, then Karl Lagerfeld must have authored that memo. His collection with its subtle sense of English countryside chic had a grown-up sophistication and a youthful edge. It was both glamorous and sporty. The show began with knee-length coats and jackets that swung away from the body in olive, navy and khaki and then segued into beautifully constructed, shaggy coats. A palette of unexpected colour combos (sapphire blue, saffron and olive; yellow, maroon and brown) added to the visual excitement of it all.

ELISABETTA VILLA/GETTY IMAGES



## BRIONI

A runway show is nice and all. But for most women, the shopping decisions happen on the salesroom floor, touching the clothes on the rack. Brioni's Alessandro Dell'Acqua created a collection that was filled with those kinds of wearable pieces that make an impact in the store. They incorporated some of the season's trends, but in a subtle, wearable way that won't turn you into a fashion victim: a timeless cashmere sweater updated with ribbing, tailored trousers in a slightly subdued version of the It-colour fuschia, and a shimmery silk georgette dress embellished with small pyrite stones.

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# Fashion loves Leighton

● The Gossip Girl star and face of Italian label Missoni talks about her relationship with fashion

# 2

OF LEIGHTON'S  
OFF-THE-  
RUNWAY RED  
CARPET LOOKS



IN EMILIO PUCCI



IN GIAMBATTISTA VALLI

**NED EHRBAR  
& KENYA HUNT**  
METRO WORLD NEWS

"I've never gone through so much makeup in my life," says Leighton Meester of her bouffantastic, teased and primed look as a young, ambitious singer in the movie *Country Strong*. "Tons of eyelashes and mascara and lips and acrylic nails and the whole thing," she adds. And don't get her started on the extensions. "There was so much extra hair in there! It felt like a cemetery. The outside was nice, but the inside was crunchy. And then on top of it, a blue leather dress with gold sparkly heels and a little cross for good luck," she adds.

It was foreign territory for the Gossip Girl actress who seems to be catching up with co-star Blake Lively in terms of fashion cred. Lively is the new face of Chanel, Meester's the new face of Missoni. In real life, Meester describes her personal look as being much more low-key. "I really like those days where I can just wear sweat-pants, to

be honest. When I'm actually going to go somewhere, I like to be comfortable and casual," she says in typical celebrity self-deprecation style. But she admits that she steps the dressing up a notch for fashion events. "If I'm doing something a little bit more fashion, I like to go a bit further," she says. By "further" she means red carpet looks that are hardcore editorial favourites like Marc Jacobs, Vionnet and Versus, rather than Hollywood staples like Giorgio Armani and Elie Saab.

"I think it becomes about expressing yourself and being comfortable and, you know, wearing what you like."



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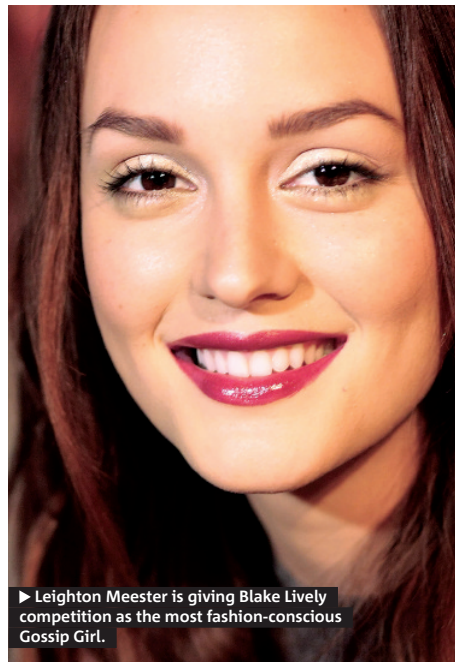
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► Leighton Meester is giving Blake Lively competition as the most fashion-conscious Gossip Girl.



For March 2nd

- 9 P!nk - Perfect
- 8 Rihanna - S&M
- 7 Enrique Iglesias ft Ludacris - Tonight
- 6 Classified - That Ain't Classy
- 5 Diddy-Dirty \$\$ ft Skylar Gray - Coming Home
- 4 Britney Spears - Hold It Against Me
- 3 Avril Lavigne - What The Hell
- 2 Ke\$ha - Blow
- 1 Wiz Khalifa - Black & Yellow

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# Dining

## by the rules

► Karl Lohnes offers some subtle ways to improve the look of your dining room

### DESIGN CENTRE



KARL LOHNES  
HOME@  
METRONews.ca

With winter looking like it's lingering longer than I hoped for, I've decided to hold a few more Sunday

night dinner parties.

It's a great way to keep in touch with friends before patio season. With more emphasis on the dining area, there are many considerations to make — size, shape and style are all equally important.

The most common decorating mistakes in dining rooms are often to do with size, proportion and comfort level. Here are a few suggestions to help.

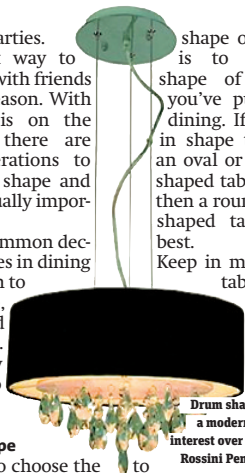
#### Table shape

The best way to choose the

shape of your table is to follow the shape of the space you've put aside for dining. If rectangular in shape then choose an oval or rectangular-shaped table. If square, then a round or square-shaped table will fit best.

Keep in mind that the table needs three feet of clearance on all sides

Drum shade lighting is a modern way to add interest over the dining table. Rossini Pendant; sears.ca.



fit comfortably into the dining area.

The most perfect dining table is a 54-inch pedestal-based round table with a leaf extension. Round can generally fit more people (no corner to contend with) and the pedestal base means no legs to accommodate either.

#### Chair style

In order to get away from the "matchy" look that our parents had I suggest dining chairs that look different from the table.

My favourite trick is to add modern chairs to a traditional style table or vice versa.



► Mixing and matching colours can add pizzazz around a dining table. Cody dining chair; westelm.com.

A Parson style chair with an upholstered seat and back tend to be the most comfortable and can easily be transported as side chairs or extra seating in other rooms.

The lower the back of the chair, the more modern the chair style generally is.

#### China cabinets

Remember that adding a large cabinet to your dining room will most likely offset

the centre of the room (this often results in swagging your chandelier to re-centre itself over the dining table).

The trend these days is to choose a long and low credenza style cabinet.

It acts as a great storage centre, its top is at a respectable height to be used as a server, and will not intrude in the room as a taller, bulkier traditional cabinet might.

## DIY: 8 simple steps for the tap

### DIY IDEAS

JIM CARUK  
HOME@METRONews.ca



You lay awake at night and all you can hear is the drip, drip, drip of a leaky tap.

"Honey, when are we gonna fix that?" (Translation: When are you going to learn how to replace a

washer.) Or how about the dreaded, "Honey, the toilet won't flush."

These are among the simplest plumbing jobs you can ever learn. But what do you do? You hire a plumber, at maybe a \$100 an hour, including travel time. Plus materials. Ouch!

Although I don't have the space for a detailed plumbing how-to, let me reassure you of one thing. You can stop that dripping tap in less than an hour. New taps? A few hours.

Fixing a washer is a sim-

ple matter of (1) shutting off the water supply; (2) opening up the tap to drain the water out of the system; (3) using a flathead screwdriver to pry off the decorative cap; (4) removing the screw underneath; (5) removing the handle and the brass nut on the top of the "stem"; (6) taking the stem to your local hardware store and; (8) having them sell you a new black rubber washer (or sometimes, a pack of different sizes).

Back it all goes, in reverse order, and you have

now become the man (or the woman) of the house.

If there are other parts of the stem that need replacing, like the o-rings (which, if worn out, can make the handle itself leak), they will sell you those, too. These minor procedures are saving you a \$100 an hour.

And they will earn you some significant respect (hopefully!) from your opposite number.

If it's new taps you need, or a new toilet or shower-head, why not sign up for the Home Plumbing Essen-



► It doesn't take much to stop a dripping tap.

tials course we offer at our BIY Workshops (biyworkshops.com). We will show you the professional way to

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**Area rugs**

I am not always a fan of placing an area rug under the dining table — it's a warzone for spills, drips and wear and tear from chair legs.

The right sized rug is important; make sure the rug is 18 to 24 inches larger on all sides of the table. The chairs must be sitting well on the rug when pushed in at the table.

Consider an area rug

that has a plain centre and decorative border that will frame up the table and chairs nicely.

**Chandelier**

I am a big fan of matching the chandelier not to the table or chair styles but the environment. If you live in

a modern condo then choose a modern-style. If you live in an arts and crafts home then choose arts and crafts as your style for a chandelier.

Measuring for the right size is easy.

Your chandelier's diameter should be two inches

for every foot of width in the dining space (if you have a 10-foot wide dining area, you get a 20-inch diameter chandelier).

Hang your chandelier 30 to 36 inches above the top of the table and of course install a dimmer switch to create a relaxing mood.

► Round pedestal tables create flexible seating in small spaces. Orion Dining Table; crateandbarrel.com.

## Home show has plenty to offer

Spring is just around the corner and what better time to start thinking about ideas for your new home or renovation project than at the Nova Scotia Home Builders' Association's Real Home Show taking place this weekend at the Halifax Forum.

The events run Friday through Sunday.

"At the show, visitors have the chance to talk to the professionals and see the latest products that can be a part of their new home or renovation project," says Paul Pettipas, NSHBA chief executive officer.

"One of the best parts of the show is being able to learn about what's new and exciting every year — and even better when it's all under one roof."

A few highlights of the show include:

- **Kitchen Giveaway Contest** — Someone at the show will win a new kitchen, compliments of Craftmade Kitchen, com-

**More info.**

► For more information on the Nova Scotia Home Builders' Association Real Home Show, phone 450-5554.

plete with GE appliances.

- **Seminars** — There is a great line up of information seminars scheduled throughout the weekend that will offer great advice for your next project.

- **Cleaner, Greener Building** — Find out about products and services that are energy efficient and environmentally friendly.

- **Canadian Forces Tribute** — All military personnel and their spouses are invited to attend the show on Friday at no charge, with proper identification.

**SHERRY DONOVAN** IS THE COMMUNICATIONS DIRECTOR FOR THE NOVA SCOTIA HOME BUILDERS ASSOCIATION. HER COLUMN APPEARS PERIODICALLY IN METRO.

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# It's maple season — eh!

## Maple-Garlic Roasted Parsnips

**Start to finish:**  
50 mins (20 active)  
**Servings:**  
6-8



Moderation is a wonderful thing.

Sweeteners are a good example of a place in the diet where moderation can make a difference.

While the large amount of high-fructose corn syrup consumed by many people isn't a great choice, a bit of maple syrup, on the other hand, can create a sweet glaze for roasted poultry or root vegetables.

Likewise, maple sugar (a granulated form of the syrup) can be great in a rub for beef or pork.

In this recipe for garlic-maple roasted parsnips, maple syrup serves as deliciously sweet coating.

If parsnips aren't your thing, feel free to substitute carrots, beets or other root vegetables.

### Preparation:

**1** Heat oven to 180 C (350 F). Line a rimmed baking sheet with parchment paper.

**2** In a large bowl, combine parsnips, garlic, salt, maple syrup

and oil. Toss well to coat, then transfer to prepared baking sheet, arranging parsnips in an even layer.

**3** Bake for 45 minutes or until tender and starting to brown. During roasting, stir parsnips every 15 minutes for even browning.

**4** In small bowl, mix together black pepper and maple sugar. Sprinkle over parsnips, then return them to the oven for another 5 minutes.

THE ASSOCIATED PRESS

### Ingredients:

- 1 kg (2 lb) parsnips, peeled and cut into 2.5-cm (1-inch) pieces
- 4 cloves garlic, chopped
- 6 ml (1 1/4 tsp) salt
- 45 ml (3 tbsp) maple syrup, or more to taste
- 15 ml (1 tbsp) olive oil
- 5 ml (1 tsp) ground black pepper
- 30 ml (2 tbsp) granulated maple sugar

► The quintessential Canadian sap is for more than just drizzling over pancakes ► Try these salmon and parsnip recipes for a sweet touch at dinner



**Start to finish:**  
30 mins  
**Servings:**  
4

► Soy sauce and thyme add complexity to this maple salmon dish.

The mountains of snow that have buried the Northeast this winter will have a sweet — and just slightly bitter — taste for the region's maple syrup producers.

Sweet because an abundance of snow actually helps with the production of the sap that is boiled down to produce syrup. But bitter because too

much snow is just as much a chore for maple syrup producers to deal with as it is for the rest of us.

And most of us don't make our livings out of clambering over snow drifts in the woods tapping trees and repairing plastic tubing to gather sap from far-flung maple trees.

Still, overall, "snow is considered a good thing," says Steve Childs, New York state maple specialist with Cornell University.

It moderates the temperature in the woods, keeping it cool if the air warms up, which is good for maple. The snow layers also insulate the ground, keeping it from freezing too deep so trees can draw up moisture during sap flow.

"So we like to see some snow," he said. "Of course, if it gets deeper than where maple tubing lines are then it gets to be quite a problem, but I don't think we're there in most places. That's usually like three feet to five feet" (one to 1.5 metres).

With all that sweet sap flowing from the trees, salmon is a perfect pairing for it. The fish's rich,

savory side is nicely complemented by the gentle sweetness of maple syrup.

To add a bit more complexity to this salmon dish, thyme and soy sauce are added to the maple syrup.

The meal is served over skillet-roasted potatoes. You can use a mandoline to make thin slices, but if you don't have one, use the slicing side of a box grater or a knife.

### Maple-Thyme Poached Salmon With Skillet Potatoes

#### Preparation:

**1** Heat oven to 180 C (350 F).

**2** In a large ovenproof non-stick skillet over medium-high, heat oil, swirling to coat pan. Arrange potato slices evenly over bottom of skillet, overlapping and layering them. Sprinkle potatoes generously with salt and black pepper. Cook for 5 minutes, then transfer to oven and cook until tender when pierced with the tip of a knife, about 20 minutes.

**3** Meanwhile, cook salmon. In a large sauté pan, stir together maple syrup, soy sauce and thyme. Heat over medium until just bubbling around edges.

**4** Add salmon fillets and cook for 3 to 4 minutes for salmon that is 2.5 cm (1 inch) thick. Use a spatula to turn salmon fillets over and cook for another 3 to 4 more minutes or until just barely pink at the middle and beginning to flake. Use a slotted spatula to remove from pan. Serve with potatoes.

THE ASSOCIATED PRESS

### Ingredients:

- 30 ml (2 tbsp) vegetable or canola oil
- 750 g (1 1/2 lb) new potatoes, very thinly sliced
- Salt and ground black pepper, to taste
- 250 ml (1 cup) maple syrup
- 50 ml (1/4 cup) soy sauce
- 15 ml (1 tbsp) chopped fresh thyme
- 1 kg (2 lb) salmon, trimmed, skinned and cut into 4 fillets

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A LOT ABOUT  
RUNNING A  
BUSY DENTAL  
PRACTICE**

LeValliant is president and CEO of Fine Touch Dental Atlantic Management Inc., a Halifax-based company managing seven successful dental clinics in Nova Scotia.

Fine Touch represents a new way of doing business in the industry," says LeValliant. "We focus on the business end of the practice and let our excellent dentists, hygienists and dental assistants take care of the patients."

Fine Touch Dental Atlantic manages seven conveniently located clinics in HRM and the Annapolis Valley — Gladstone, Quinpool, Fenwick, Dunbrack, Parkland, Brookyn and the newest outlet in New Minas, Kings Family Dentistry. "Each of our clinics is unique," says LeValliant. "Each of them is made unique by the clinicians who work there, but they are all focused on

one-on-one patient care."

The concept of third party dental clinic management is already popular in the United States, according to LeValliant, but it's a very new idea in Canada. "We're introducing a new paradigm in the industry. It's a very successful business model."

Having seven diverse clinics under one business umbrella means that functions like training and staff orientation can be centralized at one location. In the Fine Touch network, Gladstone Dental Clinic serves as a teaching facility for all seven clinics. "Part of the reason for the renovations at Gladstone was to create a facility that we can use to bring staff in from our other clinics to teach them the best practices of administration," says LeValliant.

That means that a number of Gladstone's senior staff have a dual role as both clinicians and trainers. Susan Gilbert is one. The dental assistant at Gladstone Dental Clinic has 13 years experience working with the dentists at Gladstone, and also acts as a mentor for other dental assistants in the network. "I've had such a great experience with Fine Touch," says Gilbert. "They are really here to help me and they do whatever I need to make things go smoothly."

LeValliant says her own experience as a business manager gives the Fine Touch Dental Atlantic network an advantage when it comes to the day to day business operations at the seven clinics. "Over the years, we've sized up what's out there in the industry and worked out the most efficient way to do things. We put that experience into practice every day."

The expanded 2800 foot space at Gladstone Dental will serve double duty as a training centre for all six Fine Touch Dental Atlantic clinics.

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# FINE TOUCH DENTAL ATLANTIC COMPLETES GLADSTONE RENOVATIONS

## CREATIVE INTERIOR WILL LEAVE YOU SMILING

Dean Shea had never renovated a dental clinic — or any other clinic for that matter — when he agreed to expand Gladstone Dental into an empty office space next door. But the owner of Castone Construction knew his carpenters, plumbers and electricians could pull it off on time and on budget, despite the fact that the clinic had to stay open during construction. And despite a looming January 10 deadline.

"We do all kinds of commercial and home renovations," says Shea. "We've renovated a number of restaurants in the Halifax area. Some of them stayed open for business and we worked around them. It takes a lot of planning and you have to make sure that all your trades are on board with the timeline. There are water lines, electrical connections that you can't just shut down when the business is running. You just have to plan it right."

"They did an amazing job," says Debbie LeValliant, president and CEO of Fine Touch Dental Atlantic Management Inc., the managers of Gladstone Dental Clinic. "They promised they would finish the job on January 10 and we were open with patients in the chair at 8:00 a.m. on January 10. It was a major renovation job and they

pulled it off in five weeks. They were on time, on budget and a pleasure to work with."

Despite the fact that Gladstone stayed open through much of the renovation, the staff barely noticed, according to Keri MacNeil, a receptionist with the clinic. "They started the renovations next door while we were working," she says. "It went very smoothly. They didn't interrupt us at all, which was quite surprising. They moved into our space and finished off the rest of the work over Christmas, so there was no disruption at all."

Fine Touch hired Entiden Design to handle the interiors. Like Castone, they had never worked on a dental clinic before. In fact they had never done any interior design

work. Entiden is a graphic design company that specializes in website design, marketing, branding and trade show design. The Gladstone project was challenging, but not intimidating, says Entiden's Clarke MacDonald who came up with the interior scheme along with business partner Jeff Domm. "We've done museum and interpretive displays, so a clinic was a nice change for us."

LeValliant turned to dental supply company Henry Schein to supply the new technology and fixtures. "Scott Thornton at Henry Schein understood exactly what I was trying to do and he made it happen," says LeValliant. "He was a big part of our incredible team. I think the results of the renovation speak volumes for the talents of everyone involved."



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## NEW INTERIOR A TRIBUTE TO THE 60S POP EXPLOSION

The extensive new renovations at Gladstone Dental Clinic are more than just functional, according to Fine Touch Dental Atlantic Management president and CEO Debbie LeValliant. They are a tribute to a period in art history. The dramatic color scheme and artwork are modeled in a style called "pop explosion" — a form of art popularized in the 1960s by artists like Andy Warhol and Roy Lichtenstein.

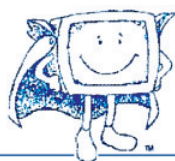
"It's engaging, funky bright, humorous and fun," says LeValliant. "We thought outside of the box with this. We didn't take the normal route and hire an interior designer. We hired a creative design company that was used to doing graphic design and trade shows."

The company she hired was Entiden Design, a Halifax marketing and design firm run by Clarke MacDonald and Jeff Domm — a team with more than 10 years experience designing websites, marketing materials and museum and interpretive

displays. "It was a challenge for us to work with a 3-D space," says MacDonald. "We really enjoyed it."

MacDonald and Domm chose cool colours for the walls and floors, and generated the wall art themselves using the 1960s pop art movement as a template. "We looked for shapes that were friendly and happy," says MacDonald. "We went with a theme of smiling teeth. We used things like a poster of a 1950s car grill, a picture of smiley faces — anything that suggested teeth and dentistry."

The expanded 2800 square foot clinic contains seven operatories, a large state-of-the-art sterilization area and even a large comfortable area for staff to relax — not a common feature in dental clinics, according to LeValliant. "They deserve it. They work hard. We've got a wonderful, dedicated team at Gladstone, they take a lot of pride in what they do and they really care for their patients."



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4  
sports

## More sports

## Kerri Smit

The Saint Mary's Huskies left side was named a Canadian Interuniversity Sport first-team all-Canadian yesterday. Smit was Atlantic University Sport's MVP for the second time in her career last month.



## Sander Ratsep

The Dalhousie Tigers outside earned a spot on Canadian Interuniversity Sport's second all-Canadian team yesterday. Ratsep, a fifth-year athlete from London, Ont., is a two-time Atlantic University Sport MVP. **METRO**



► Mooseheads goalie Anthony Terenzio and defenceman Trey Lewis dive to keep a puck out of the net during a game earlier this season.

# Moose looking for payback

► Mooseheads, 19-39-1-2, host Maineiacs tonight at 7 p.m. with playoff spot up for grabs ► Play five of final seven regular-season games at home



**MATTHEW WUEST**  
@METRONEWS.CA

If the Halifax Mooseheads win tonight, they're in the playoffs. And the opponent they need to beat is one they could use some redemption against.

The Mooseheads, who need just two more points to clinch their first playoff spot since 2007-08, host the Lewiston Maineiacs tonight at 7 p.m. at the Metro Centre. The last

time the two teams met, the Maineiacs demolished the Mooseheads 9-3 in Maine.

"More of the focus for me is the game we had in Lewiston six or seven weeks ago," said Mooseheads head coach Bobby Smith. "We would really like to play a good game against them."

The Mooseheads are coming off a 4-3 shootout win over the Moncton Wildcats on Tuesday and have played eight of their

past nine games on the road because of the Canada Winter Games.

They've won two of their past five games, allowing an average of just 2.40 goals per game in that stretch. They've also cut down their goals-against average to 3.07 from Jan. 28 on and have a record of 5-9 during that stretch.

Just three of 22 players on the Mooseheads roster have been to the QMJHL playoffs. Those three — Travis Randell, Pascal Amy-

ot and Frederic Piche — have combined for a grand total of 25 games in the post-season.

Regardless of what happens from here, clinching a playoff spot will be a step forward.

"We have players on our team who have never played a playoff game and it would be nice to get in there," Smith said. "Playoffs have always been what hockey's all about. We'll be excited if we're able to get there."

## QMJHL Standings

	W	L	S/O	P
SAINT JOHN	51	6	3	105
MONTREAL	43	10	8	94
QUEBEC	43	15	4	90
DRUMMOND	41	14	7	89
BATHURST	40	20	2	82
GATINEAU	37	17	8	82
SHAW	37	21	3	77
LEWISTON	36	22	3	75
VICTORIAVILLE	33	25	4	70
MONCTON	30	22	9	69
CHICOUTIMI	27	23	11	65
P.E.I.	28	24	8	64
RIMOUSKI	28	30	3	59
VAL D'OR	22	32	7	51
HALIFAX	19	39	3	41
CAPE BRETON	17	40	5	39
BAIE-COMEAU	10	42	9	29
R-NORANDA	9	47	5	23

\*Remaining regular-season games

Tonight

• Lewiston at Halifax, 7 p.m.

Wednesday, March 9

• P.E.I. at Halifax, 7 p.m.

Friday, March 11

• Halifax at P.E.I., 7 p.m.

Saturday, March 12

• Halifax at Acadie-Bathurst, 7 p.m.

Wednesday, March 16

• Moncton at Halifax, 7 p.m.

Friday, March 18

• Acadie-Bathurst at Halifax, 7 p.m.

Sunday, March 20

• Cape Breton at Halifax, 2 p.m.

## Statistics

## MOOSEHEADS

Halifax Mooseheads individual stats for players on the active roster.

## SKATERS

NAME	GP	G	A	PTS	PIM
CARL GELINAS	61	26	25	51	20
MARTIN FRK	55	16	28	44	67
DARCY ASHLEY	56	18	19	37	48
CHARLES BETY	59	21	12	33	59
BRENT ANDREWS	61	12	16	28	28
K.ABELTSHAUSER	53	7	18	25	36
PASCAL AMYOT	60	3	19	22	29
TRAVIS RANDELL	61	8	13	21	16
LUCA CIAMPINI	37	8	11	19	12
M.BOUDEAU	48	9	9	18	4
GERRAD GRANT	54	7	9	16	66
TREY LEWIS	55	5	9	14	59
STEVE GILLARD	60	0	13	13	41
FRANCIS TURBIDE	57	6	6	12	14
ALEX SOULIGNY	46	4	8	12	16
ANDREW RYAN	45	5	6	11	40
G.DESJARDINS	39	5	3	8	29
S.DESMARAIS	39	2	5	7	50
SAWYER HANNAY	51	0	5	5	149
A. GOULET	16	0	0	0	2

## GOALTENDERS

NAME	GP	SO	GAA	SV%
FREDERIC PICHE	13	1	2.97	.893
A. TEREZIO	32	1	3.84	.873



► Shawn Adams

## Curling's best headline Brier

The field at the Tim Hortons Brier is one of the deepest in recent memory.

There's 2006 Olympic champion Brad Gushue, two-time national champ Jeff Stoughton and three-time world champion Glenn Howard.

And it's hard not to like Alberta skip Kevin Martin's chances. He won Olympic gold last year in Vancouver and is on a

record 26-game Brier winning streak.

"I don't know if you ever go into something like a Brier overly confident, that's for sure," the four-time Brier-winning skip said. "But we're working hard, trying to be prepared, and we'll see if we can keep that streak going a little bit longer."

The Brier starts Saturday and runs through

March 13 at the John Labatt Centre in London, Ont.

The competition also includes Mayflower's Shawn Adams, who is back after a six-year hiatus. Adams, whose team features Paul Flemming, Andrew Gibson and Kelly Middelstadt, was Brier runner-up in 2005 in Edmonton.

Northern Ontario's

Brad Jacobs is also back after a surprise third-place finish last year.

"The field is deep," said Marc Kennedy, Martin's second. "There's really no easy games this year. Sometimes you can count on three or four games where you can get away without playing your best."

"But that's not the case this time."

THE CANADIAN PRESS



Scan code for more sports



# Nordic. Relay victory



► Alex Harvey, left, and Devon Kershaw of Canada pose with their gold medals.

POOL/GETTY IMAGES

## Canadians win skiing gold in photo finish

Canada's Alex Harvey and Devon Kershaw skied into the record books yesterday with a photo-finish win over Norway in the men's classical-style team sprint at the Nordic world skiing championships. Harvey edged Ola Vigen Hattestad at the line to earn Canada its first medal in men's competition at the world championships. The only other Canadian cross-country skier to win a medal at the world championships is Sara Renner of Canmore, Alta., who took bronze in a classic-ski sprint race in 2005. **THE CANADIAN PRESS**

## Leafs stay in the hunt

3 2

LEAFS

PENGUINS

A rare third-period comeback kept the Toronto Maple Leafs in the Eastern Conference play-off picture.

Mikhail Grabovski scored 42 seconds into overtime last night to give the Maple Leafs a 3-2 victory over the Pittsburgh Penguins. Grabovski took a nice pass from Phil Kessel, who tied the game in the third period, and stuffed a shot behind Marc-Andre Fleury to bring the Air Canada Centre crowd to its feet.

The Leafs improved to 3-24-3 this season in games where they trail after two periods. More importantly, they moved back within four points of eighth-place Carolina heading into today's road game in Philadelphia.

It was far from the best effort from a tired-looking Toronto team that still managed to improve to 9-2-4 since the all-star break.

Nikolai Kulemin had the other goal for the Maple Leafs (28-27-9).

Matt Niskanen and Chris Conner replied for Pittsburgh (37-21-7).

Some bizarre scheduling saw the Penguins play their second consecutive game at Air Canada Centre. They returned to Pittsburgh for a couple days of practice after Saturday's 6-5 shootout victory over the Maple Leafs before coming back to Toronto.

**THE CANADIAN PRESS**

# Deadline looms for NFL, players

► The CBA runs out at midnight tonight, and among the possibilities are that the owners lock out the players or that the union decertifies ► Either way, the season could be lost

NFL owners ended their special labour meeting last night without taking any action, just 30 hours before the collective bargaining agreement with the players expires.

"I'm going home," Patriots owner Robert Kraft said when asked if he would attend further mediation sessions.

Most of the owners left a suburban Washington hotel last night after a

three-hour meeting, cancelling another session scheduled for today. The owners are not required to take a lockout vote. That authority has been given to the NFL's labour committee, which met with the union in mediated talks.

NFL spokesman Greg Aiello said more mediation sessions were expected.

"The committee has not made any decision as to

what will happen upon expiration of the current agreement if we don't have a new one by tomorrow night," Aiello said.

After the labour committee finished its own meeting an hour later, Cowboys owner Jerry Jones echoed Kraft:

"We can't comment, and even more so we're certainly still involved in our dialogue, and so there is no comment," Jones

said. Asked if he would take part in more mediation, Jones added: "No, I'm going back to Dallas."

Indianapolis Colts owner Jimmy Irsay said the owners welcomed the opportunity to be updated on negotiations, but there was

**"We're talking. It's better than not talking."**

PLAYERS' UNION PRESIDENT  
KEVIN MAWAE

little reason for them to remain in Washington as the deadline approaches.

"We had the chance to ask questions, but we didn't break with a lockout vote or anything like that," Irsay said.

Earlier yesterday, a large group of owners and players' union president Kevin Mawae participated in mediated contract talks for the first time.

**THE ASSOCIATED PRESS**

## New health woes sideline Serena

Serena Williams' absence from tennis could stretch to almost a year after two new health scares — a blood clot in her lungs followed by a hematoma — have added to her injury woes.

Her agents confirmed yesterday that Williams was diagnosed with a pul-

monary embolism last week and later needed treatment for a hematoma.

The 13-time Grand Slam champion hasn't played an official match since winning Wimbledon last July because of a foot injury she sustained at a restaurant.

**THE ASSOCIATED PRESS**

## Packers release Hawk

The Green Bay Packers have released linebacker A.J. Hawk after the former first-round pick was scheduled to earn \$10 million US in 2011. Hawk was the fifth overall pick of the 2006 draft.

**THE ASSOCIATED PRESS**

## Vick signs deal with Philadelphia

Michael Vick has signed a one-year contract with the Philadelphia Eagles.

The Pro Bowl quarterback was designated as the team's franchise player Feb. 15. He signed the franchise tender yesterday.

Under the rules of the collective bargaining

agreement that expires at midnight tonight, a team must pay a franchise player the average of the top five salaries at his position.

Vick would make an estimated \$20 million US under this tag.

**THE ASSOCIATED PRESS**

## Sports in brief

### Lumberjacks draw even

**JUNIOR A HOCKEY.** The Bridgewater Lumberjacks have evened the Maritime Junior Hockey League's best-of-three Bent Division mini-series at one game apiece. The Lumberjacks beat the visiting Metro Marauders 7-4 last night to force a Game 3 on Friday at 7 p.m. at the Sportsplex.

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## Seeking Employment

## Seeking Light Office Cleaning

Hello- I am looking for a light office cleaning opportunity in Dartmouth or Cole Harbour. I have experience cleaning a car dealership, a restaurant, banks, a shopping centre food court, as well as offices and a private home.. Please telephone me of any known opportunities out there..

Thank you, Elizabeth  
My number is: 430-5018.

## AUTOMOTIVE

## Cars &amp; Trucks for Sale



2004 Mustang Convertible  
6cyl. loaded, cloth  
87,000km  
\$12,985 or \$163 b/w oac.  
Motomart - 407-4200



2006 Toyota Rav 4  
6cyl. loaded, cloth, 4x4  
92,000km  
\$15,985 or \$163 b/w oac.  
Motomart - 407-4200



2007 Cadillac CTS  
6cyl. auto, loaded, leather, sunroof  
53,000km  
\$20,985 or \$182 b/w oac.  
Motomart - 407-4200



2007 Jeep Compass  
4x4  
4cyl. Auto, A/C, Cloth  
35,000km  
\$14,985 or \$131 b/w oac.  
Motomart - 407-4200

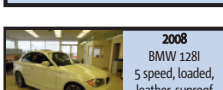
## Cars &amp; Trucks for Sale



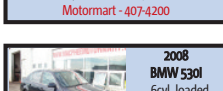
2007 Mini Cooper  
4cyl. Turbo, leather, sunroof  
89,000km  
\$18,985 or \$165 b/w oac.  
Motomart - 407-4200



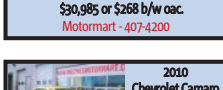
2007 Mitsubishi Outlander AWD  
6cyl. Auto, Loaded, Cloth  
55,000km  
\$19,985 or \$174 b/w oac.  
Motomart - 407-4200



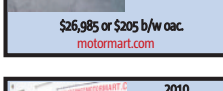
2008 BMW 128i  
5 speed, loaded, leather, sunroof  
56,000km  
\$26,985 or \$233 b/w oac.  
Motomart - 407-4200



2008 BMW 530i  
6cyl. loaded, leather, roof  
49,000km  
\$30,985 or \$268 b/w oac.  
Motomart - 407-4200



2010 Chevrolet Camaro  
6cyl. Loaded, leather  
27,000km  
\$26,985 or \$205 b/w oac.  
motomart.com



2010 Ford Raptor  
8cyl. loaded leather, sunroof, 4x4, 40,000km  
\$43,985 or \$332 b/w oac.  
Motomart - 407-4200

## REAL ESTATE

## Commercial Real Estate

HRM - Hammonds Plains - Approximately 1000 square feet, Office space with a warehouse. Location Blue Water Road. 902-456-1446 or 902-835-2514

## RENTALS

## Rooms Furnished

Fully Furnished Suites in North Sydney! Separate bedroom, kitchen and living rooms. Everything to make this your home away from home. Short term & long term. Insurance companies welcome. Includes cable, flat screen television, laundry services, linens, cooking utensils, BBQ's (in season), full fridges (no microwaves on top of a bar fridge) and stoves. Competitive rates. Close to downtown & Marine Atlantic.  
www.princeatprince.com  
Please call 902-794-4525

## MERCHANDISE

## Merchandise for Sale

20' and 40' Long Steel Storage Containers  
Call Peter  
902-476-0569

Faux Leather Chocolate Brown Loveseat  
Bought less than a year ago for \$800, mint condition, non-smoking home. Moving to an apartment and need to downsize. We are asking \$600 OBO and are looking for a quick sale as we are trying to purchase other furniture for our apt. Please contact us at 902-830-5479

## ROLEX FOR SALE:

Ladies two tone gold and titanium Rolex. Waterproof. Only 3 years old. Purchased for \$6500 selling for \$3500. Call 440 8497

## PETS

Hi my name is Nini! I am an all Black American Pit Bull Terrier. I am looking to stud. I am healthy and well mannered! Please call my person Bianca at 902-483-9859

## Dogs

Cavelier King Charles Spaniel Pups - 1 Tri-male- 6 months, 2 Blenheims - 1 male/ 1 female - 4 months, and 2 female Rubys, born Nov.15/11. Call for more info 902-765-0885

I'm Charlie a Stud Pug. I have been checked, now looking for a girlfriend. I'm purebred, all black in color. If interested for a date please call 902-461-9129

Maltese Puppies  
Puppies born Feb 19th.  
4 Maltese pure bred puppies for sale. 3 boys and 1 girl. Ready for their new forever homes after April 16th. They will be dewormed several times, vet checked, and first needle given before they go. Mom is 5 lbs and dad is 6 1/2 lbs. \$800 My price is firm. If seriously interested call me. I require a deposit of \$100 to hold a puppy. 902-742-3760

## PERSONALS

## Personals

RED HOT COUGAR MASSAGE  
And Way More! In-service, Out-service  
www.RedHotCougar.com  
Call Lana at 209-6852

Well Known Escort Service  
looking for f/t and p/t ladies  
Combinations Available  
506-870-0952

## SERVICES

## Tutoring

Dartmouth Learning Network  
is in need of volunteer tutors to work with adult learners in all subjects, including special needs. We will also provide training. If interested please contact  
Zoe  
at 902-464-3444

## HEALTH &amp; BEAUTY

## Massage/Therapists

John Panter, Certified Rolfer™  
Rolfing® restructures the body, removing many causes of physical discomfort.  
Call: 902 425 2612

## HOUSEHOLD SERVICES

## General Services

KNOCK KNOCK , AVON CALLING  
in North End Halifax, if you want to place an order online or in person,  
email:vicke\_deschenes@yahoo.ca

Traditional Astrological Readings  
I offer astrological readings with a traditional approach, either as live or mailed auto-recording readings (\$40-\$60), or written readings via email or regular mail (\$20).

See my website for more details:  
http://silexvi.wordpress.com/

## Movers

JB TRUCKING  
Moving and Hauling - GREAT RATES!  
Halifax Local call - 802-6680  
jbtrucking@telus.blackberry.net

## Trades

AFFORDABLE renovations  
by GRAIN  
"Your Renovation Specialists"  
www.grainspaces.ca, (902)402-6494

Halifax Insulators Limited  
902-456-1151 902-860-0186  
Spray Foam Insulation  
www.hfxinsulators.com

PAINTING SERVICES-Over 20 years exp.  
From fine detail trim, very straight lines, rolling and spraying. Free Estimates. Fully Insured. 902-981-5651 902-256-2436

Paving Special - 50% if you book before Spring. 5 year warranty.  
Free Estimate  
Call 902-435-4466

TREE CUTTING SERVICES- Over 20 years exp.  
From full tree removal, limbing, pruning and chipping. Free estimates. Senior discounts. Fully Insured. 902-981-5651/902-256-2436

Does your parrot talk too much?

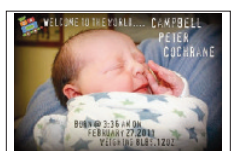
Place your ad in Metro classifieds  
metroclassifieds.ca  
1 800 527-6767

## Junk Removal

TIME TO TOSS IT  
Debris removal, Estate clean-ups, small demos, unit clear-outs, basements, yards and construction - call 449-0232

## ANNOUNCEMENTS

## Births



Congratulations to Lizz & BJ on the birth of their son

Campbell Peter Cochrane.

Selena now has her little brother.  
Born in Kentville at the Valley Regional Hospital Sunday, February 27 at 3:36 am, weighing 8 lbs and 12 ounces.

All the best from the MacPhails!

Place your ad in Metro classifieds  
metroclassifieds.ca  
1 800 527-6767

## Community Events

Bluenose Fundraising Presents:  
Healthy Smiles Toothbrush Fundraiser  
visit www.healthysmilesfundraiser.ca  
479-2257

## PUBLIC STORAGE UNIT AUCTION

Units are Sold in Whole Only  
All Purchases Subject to HST-Cash/Credit Card and Debit Accepted

Location: 104 Green Village Lane, Dart., NS  
Date: Saturday, March 5, 2011  
Time: 11am SHARP. It is advised to arrive a 1/2 early to register in office.  
Number of Units For Auction: Please be advised this will not be known until day of auction.

Exercise for Two is an exercise workshop that helps bring a sense of intimacy, trust and awareness to a couple's relationship by exploring verbal and non-verbal communication through touch and movement. You also discover each others strength and flexibility by performing exercises together as one instead of competing against one another. The fitness routine is set to hot and spicy music and is in an intimate setting for couples to feel safe. You also learn the importance of your core, good posture and you get to bring home some sexy moves for both of you to practice. It is a great workout for the mind and body. And, I guarantee lots of laughs and pretty hot moments throughout the workshop. It will be held from 2:15pm to 3:45pm on April 2nd, 2011 at DANSpace 1531 Grafton St., 3rd floor in Halifax. You can register at leapintohealth@hotmail.com (Facebook) or phone Danyele at 431-0735. \$35.00 per couple

## Spiritual

Pilgrimage to the 3 major shrines in Quebec, Ste. Anne de Beaupre, Notre-Dame-du-Cap and St. Joseph. From June 18-25 at a cost of \$655.00 includes transportation, motels, and 11 meals. Downpayment of \$125.00 by March 18th and the remainder May 18th. For info contact Juanita Bates at 902-466-0625 or Michael Shaw at 902-454-6074.

Amy & Matt are shackin' up

Follow their story at metroclassifieds.ca  
To place a classified ad, call 1 800 527-6767



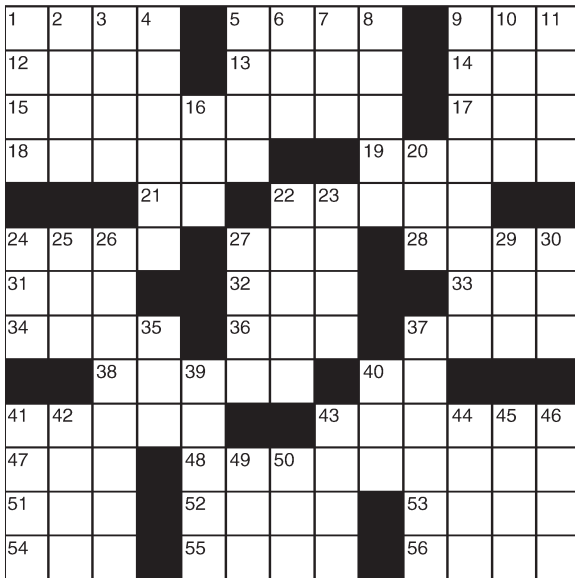
## Crossword

### Across

- 1 Recipe meas.
- 5 Con game
- 9 "Wham!"
- 12 Brewery products
- 13 Albarore
- 14 Mimic
- 15 Ambulance VIP
- 17 Scarlet
- 18 Hello, in Haifa
- 19 Coin toss call
- 21 KC's state
- 22 Time
- 24 Boston — Orchestra
- 27 1989 GM debut
- 28 Burr-Hamilton contest
- 31 Actress Gardner
- 32 Conger, for one
- 33 Exist
- 34 Imperfection
- 36 Rd.
- 37 "— Breckinridge"
- 38 Cognizant
- 40 Italian river
- 41 Man of morals?
- 43 Half-hour telecast, often
- 47 Monokini's lack
- 48 Type of baggy pants
- 51 Inventor Whitney
- 52 Falsehoods
- 53 Great Lake
- 54 Benicio — Toro
- 55 Energy units
- 56 Remainder

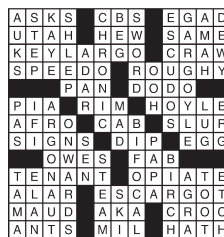
### Down

- 1 Reveille's opposite
- 2 Mediocre
- 3 Antitoxins

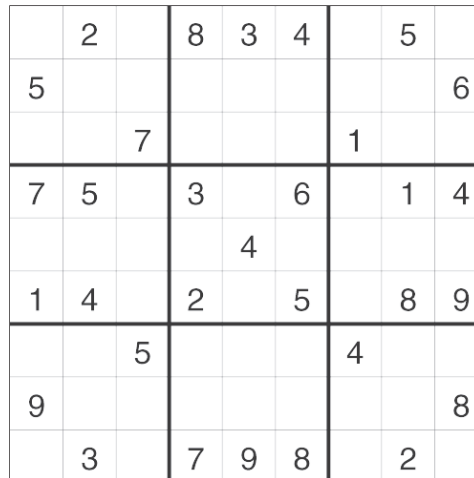


- 4 Book after Job
- 5 Goblet part
- 6 What a cow chews
- 7 Blackbird
- 8 Overly virile
- 9 South American country
- 10 Newspaper page
- 11 Marries
- 16 Cattle call?
- 20 Conclusion
- 22 Grievance
- 23 Portrayal
- 24 Manhandle
- 25 Eggs
- 26 Soar behind a mo-
- torboat
- 27 Equipment
- 29 Bobble the ball
- 30 Grazing area
- 35 Pair
- 37 "Psycho" figure
- 39 Mac maker
- 40 Snapshot
- 41 Not up yet
- 42 — Stanley Gardner
- 43 Back talk
- 44 Remedy
- 45 Singer Redding
- 46 Encounter
- 49 Melody
- 50 Bylaw, for short

### ► Yesterday's answer



## Sudoku



### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

### Yesterday's answer ►

4	1	3	2	6	5	9	8	7
9	6	2	7	8	4	5	3	1
8	7	5	3	1	9	4	6	2
3	8	7	5	4	6	2	1	9
2	5	9	1	3	8	7	4	6
6	4	1	9	2	7	8	5	3
5	3	6	8	9	2	1	7	4
7	9	4	6	5	1	3	2	8
1	2	8	4	7	3	6	9	5

## Send a KISS

Show some love! Send a note to somebody special at [kiss@metronews.ca](mailto:kiss@metronews.ca)

To the most beautiful girl in the world, Katie. I hope your day is filled with happiness! You're number 1. J

If I could say one thing about you, I don't know what it would be. Funny?, intelligent?, outgoing? Well, I couldn't express how much you mean to me with a single word either. I love you. Xoxoxo MICHELLE

Tony! You are the apple of my eye! You are the sunshine of my life! You spin me right round! You make my dreams come true! You are the fluff in my pillow! You know who you are! Love you forever! CHRIS B

hello hello Lulu! i just want to let you know that i am looking forward to seeing you today and every other day. you are very special to me. Miss you a lot. With love YOUR COCONUT T

## Today's horoscope

**♈ Aries** March 21-April 20 A positive attitude is essential today, as the approaching new moon in Pisces warns that your fears could easily get the better of you. Chances are nothing bad will happen.

**♉ Taurus** April 21-May 21 Someone you meet on your travels could be very important to you career-wise, so be outgoing and friendly and make a good impression. Once you've made contact and said hello, arrange a business meeting.

**♊ Gemini** May 22-June 21 The approaching new moon will boost your confidence and make it easier to take centre stage at work. Remember: It's not enough to be a star for a day — make it a way of life.

**♋ Cancer** June 22-July 22 The upcoming new moon in your fellow Water sign of Pisces will stir your sense of adventure and you'll be making all sorts of plans, but you've still got to get up out of your chair and make them happen. Start now.

**♌ Leo** July 23-Aug. 23 You seem to be worrying what other people think of you, which is unlike you. Whatever the reason, get over it because you have important things to do that are sure to draw criticism.

**♍ Virgo** Aug. 24-Sept. 22 Any worries you have about an affair of the heart will be laid to rest over the next 48 hours. The fact is you have never been more loved. No one is out to get you.

For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

**♎ Libra** Sept. 23-Oct. 23 You expect people to do as you say, but that's not going to happen at the moment. No matter how independent-minded you are, you must make an effort to meet others halfway.

**♏ Scorpio** Oct. 24-Nov. 22 Follow your instincts and ignore those who say that what you are trying to do will end in tears. Maybe it will, be it won't be your tear. It will be theirs when they realize how much doubting you has cost them.

**♐ Sagittarius** Nov. 23-Dec. 21 Be decisive today, especially when dealing with family. If you give others the idea that you don't know what you are doing, they may lose confidence in you.

**♑ Capricorn** Dec. 22-Jan. 20 You may disapprove of what a friend is up to but do you have the right to tell him or her what to do? This is a time when he or she must be allowed to learn from mistakes.

**♒ Aquarius** Jan. 21-Feb. 18 You may get lucky today and get a windfall that solves your immediate money worries, but you are smart enough to know that if you are going to prosper, you need to cut back on reckless spending.

**♓ Pisces** Feb. 19-March 20 Most things are going well, but there is a cloud on the horizon and it threatens some kind of upheaval. That's OK. What's changing in your life is for the best. SALLY BROMPTON

## Caption contest



**WIN! You write it!**

Write a funny caption for the image to the right and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.

## FLIGHT CENTRE Unbeatable

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Conditions apply. Ex: Halifax. \*Book your rail pass in conjunction with airfare and minimum 3 nights accom, and receive \$200 off your Eurail Global 1-month Pass. ADD pass protection for \$14 per person and receive a free Lovely Planet Europe Photo-book (while supplies last. Limit one book per order). Must include airfare ex Canada to Europe and 3 nights accom with GOGO Vacations. Valid only on Adult or Youth 1-month Eurail Pass. Not valid on Senior pass or child pass.

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App Store

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SALE ENDS MARCH 31<sup>ST</sup>

2011 ELANTRA BUY FOR  
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**FREE TRIP FOR TWO\*\***  
WITH THE PURCHASE OF ANY 2011 SONATA OR ELANTRA



2011 SONATA BUY FOR  
**\$22,649**  
OR **\$134** /BIWEEKLY



\*OAC + Freight, p.d.i, taxes and fees. \*\*See showroom for details.



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